

MARY J FOURIE

Mentor Coach • Executive Coach • Facilitator



ABOUT

Mary J is a Coach, Coach Training Facilitator and leads Star Mentorship as Mentor Coach.

She attributes the success she has enjoyed throughout her 22-year career spanning the retail, online gaming, financial services, and coaching sectors, to being deeply curious and people focused. It is this drive to better understand what makes us who we are and why we do the things we do that led her to first study at, and then join, STAR Leadership (Pty) Ltd.

She is also founder of a licensed financial services provider, where she leads the way in offering a more human approach to money. Focused on the people she calls Change-Makers, she helps them shift the way they earn and spend their money to align with what feels most purposeful and meaningful to them.

Mary J is an ICF member holding the PCC credential. She is also a member of the Financial Planning Institute of South Africa as a Registered Financial Practitioner™.

With a vision to change the world in some way herself, Mary J also mentors and coaches financial services professionals around how to develop, nurture and grow the skills to coach their clients to better financial and life outcomes.

Led by her values of freedom created by connection, contribution and response-ability, Mary J's approach to all areas of her work is to help others connect their thinking, feelings and actions in a manner that supports them to create meaningful relationships in their lives, including their one with money. Relationships being where, she believes, most of our fulfillment and satisfaction in life is derived.

CONTACT

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ACADEMIC CREDENTIALS

- Level 1 & 2 Enneagram Facilitator, Integrative9 Enneagram Solutions
- Professional Coach Training & Leadership Development, Star Leadership
- FAIS Accredited : Key Individual & Representative
- Higher Certificate in Financial Planning
- Higher Certificate in Financial Products
- Social Psychology Certificate, Wesleyan University via Coursera.org

ASSOCIATIONS AND MEMBERSHIPS

- Member ICF, International Coach Federation

LATEST EXPERIENCE

- 2017 – present Mentor Coach for Star Leadership.
- 2021 Founder, Programme Designer & Facilitator of a Financial Coach Training Programme teaching coaching skills to financial advisors, aligned with ICF Level 2 / PCC standards.
- 2019 Coach for Star Leadership on Fast & The Furious Leadership Development Programme.
- 2018 Facilitator for Star Leadership on Cell C Coaching Skills Training for Store Managers Programme.
- 2017 to present Founder, Financial Coach & Lifestyle Financial Planner where I'm pioneering a human approach to helping Change-Makers with their money including :
 - Fee-based Coached Lifestyle Financial Planning
 - Employee Financial Wellness Programme's
 - 2019 designed and piloted on site programme for Chiltern Farms
 - 2021 – 2022 designed and piloted online programme for FNZ (formerly SILICA)
 - Online Membership based Financial Literacy Programme's
- 2013 – 2017 Operations & Wealth Manager for an independent financial services provider.
 - Honed my technical financial planning skills.
 - Learnt how to run a financial services provider.
 - Identified problems with the traditional approach to helping clients with their money and discovered a new and more effective way.
 - Left to build a business integrating coaching into financial services.
- 2009 – 2013 Online Customer Support Manager & Retentions Marketing for a social gaming company that designed, built and supported social web and mobile products.
 - Experienced the push and pull between purpose and money. Left to pursue purpose over money.
- 2000 – 2008 Started working at age 15 in a retail clothing boutique. Shift Manager by age 16, Store Manager by age 18, whilst completing my final High School year. Promoted to National Area Manager of six stores by age 19.
 - Head-hunted many times to open new retail clothing stores for South African owners in various malls in Cape Town until 2008 when I left retail to start my family.
 - Learnt how ineffective traditional hierarchical management approaches are.