

## CYNTHIA PILLAY

Executive Coach • Facilitator



### ABOUT

Cynthia is a trained diversity facilitator and has experience in organisational development, team cohesion, culture surveys, and coaching. She has trained managers in coaching for performance and facilitated interpersonal skills sessions. Over the last 4 years she has coached across all levels in organisations with a focus in personal development, leadership development, dealing with work related issues and team dynamics. Her coaching career was born out of a deep desire to support people on their transformational journey.

Prior to this she worked as a Group Head of HR for a financial services provider. She has more than 14 years of experience as an HR generalist partnering with business to achieve results. She enjoys designing and developing HR initiatives that are aligned to the strategic direction of the various businesses she partners with. She has worked on initiatives involving the clarification of vision and values, team and leadership development, culture and change management for a variety of businesses and Leadership teams.

Her way of working is characterised by a partnership approach to problem solving, creative approaches to experiential learning and dynamic interventions in both skills development and awareness raising

### CONTACT

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Crowthorne, South Africa, 1684

### ACADEMIC CREDENTIALS

- BA. Hons. Psychology (UKZN)
- Diploma in HRM (Damelin)
- Current: Masters in Business Executive Coaching (WITS)
- Coaching and Facilitation
- Time to think accredited Coach
- Enneagram Individual and Team Accredited Coach
- Star Leadership Coach (PCC)
- Narrative Coach
- Licenced Provider for the Temple Index for functional fluency which is a psychometric tool which provides a framework for building positive relationships
- Spiritual Intelligence and Quantum Leadership
- Valuing cultural diversity: Certified Facilitator
- Ubelele Working with Groups

### SPECIALISES IN

- Human Resources
- Organisational Development
- Executive and team Coaching

### ASSOCIATIONS AND MEMBERSHIPS

- ICF and COMENSA

### LATEST EXPERIENCE

Professional Certified Coach

Star Leadership

Jan 2020 until present

Coaching senior managers across various companies.

Lead Facilitator

Star Leadership

Coach training and leadership development facilitation as well as group coaching (Telecommunications Company as well as coach training in Zimbabwe.

Jan 2020 until present

Director, - HR Specialist

Lusona Consultants

April 2016 until present

Offering generalist HR consulting services to SME and corporates, including leadership development, and executive coaching services.

Real People

Group Head of HR

October 2014- March 2016

Executive role managing HR across the various divisions.

Cynthia is currently in application for her master coach accreditation.

She is passionate about supporting organizations to create environments where people live their fullest potential and support people on their transformational journeys. She has worked in corporate for more than 20 years. She has more than 3000 hours of professional coaching experience and has also facilitated coach training workshops.