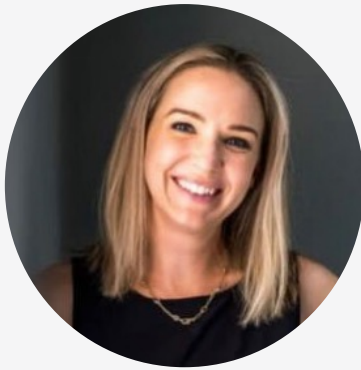


## CARRIE NIDD

Executive Coach • Facilitator



### ABOUT

Carrie Nidd is a training facilitator for Star Leadership and coach in private practice at Health Matters Medical. She is a Co-Founder for WC Global Publishing, which assists aspiring authors in getting their stories written and published. With more than a decade of experience in coaching and related practices such as enneagram practitioner, Tiff (transactional analysis) Practitioner, Bachelor Social Science Psychology under her belt, Carrie's passion lies in individual & relationship coaching.

"Loving ourselves through the process of owning our story is the bravest thing we can do – Brené Brown" This sentiment inspired the path to coach people in writing their own autobiography, which is an incredibly empowering process that with the support of a writing coach can advance our lives in unlimited ways.

I have a strong belief that we are just not meant to do this alone, business, relationships, parenthood, writing! We thrive with the right tribe, and to the degree you are willing to invest in yourself you will succeed. I have had a coach through my 13-year marriage, two kids, and few business ventures to which I owe so much to the tools and insights gained in coaching. The most enjoyable part of coaching is the connection, being invited into someone's psychological territory and be witness to their most powerful breakthroughs. I gain as much as my clients through this.

Through her deep understanding of this sacred space, she can genuinely apply her skills to help shift individuals, partners, and families to use stumbling blocks as steppingstones, and help make visible the sometimes hidden or untapped brilliance.

### CONTACT

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### ACADEMIC CREDENTIALS

- Enneagram Practitioner, Integrative9
- ICF accredited ACC Coach, INTERNATIONAL COACHING FEDERATION
- University of Kwazulu natal — Bachelor of Social Science majoring in General and Industrial Psychology 2018
- Jai institute for Peaceful Parents - Parent Coach Accredited 2016
- Nutritional Therapist Diploma – The Health Science Academy 2015
- Child Psychology Diploma – Online Academies 2015
- Play Therapies - Centre for Play Therapy And Training 2015
- Play Therapy Advanced- Centre for Play Therapy And Training 2015
- Star Leadership 2014 Coach
- Parent Effectiveness Training - Gordon Training International 2014

### ASSOCIATIONS AND MEMBERSHIPS

- Member ICF, International Coach Federation

### LATEST EXPERIENCE

*November 2021 – Present*

#### **CO- FOUNDER WC GLOBAL PUBLISHING (PTY) LTD**

We are a global team of experts who are dedicated to working with individuals to write, publish and market their own books, services include book coaching, manuscript review, proofreading/editing, ghost writing, publishing and marketing. Our team is based in London, Cape Town and Durban.

*May 2020 – Present*

#### **PRIVATE PRACTICE HEALTH MATTERS LIFE COACH**

I operate from Health Matters offices in Ballito under Dr De Villiers.

*November 2014 – Present*

#### **FACILITATOR, STAR LEADERSHIP (PTY) LTD**

As a past client who trained through this methodology, I was offered an opportunity to facilitate for this company. The business which was founded and owned by Savannah Steinberg in 2013 is an accredited coach training and leadership provider to both individuals and organizations.

*November 2004 – 2014*

#### **FOUNDER, SKY SAFARIS (PTY) LTD**

Established 2004 as Air Safaris CC, this company designed helicopter flight charters, transfers packages and tours to individuals, businesses, and establishments. In 2013 the company rebranded and partnered with Wendy Richards previous owner of Sky Adventures to combine our 20 years of experience and market the business as Sky Safaris.

*Prior to becoming a coach, Carrie founded and managed a business, for over a decade. This was sold when she became a mom of two and she decided to finish her degree in industrial and general psychology and continue her work as a coach.*

*My superpower is being able to connect with people, make them laugh, relax, think outside the box challenge themselves. I'm patience and empathetic and have a massive drive to support people in being their most powerful, most real selves with no apology in their perfectly imperfect lives "*

